

1 A healthy lifestyle

Man: Honey, the basketball game is about to start. And could you bring some chips and (1)? And . . . uh . . . a slice of pizza from the fridge.

Woman: Anything else?

Man: Nope, that's all for now. Hey, hon, you know, they're organizing a company (2) , and I'm thinking about joining. What do you think?

Woman: Humph

Man: "Humph" What do you mean "Humph." I was the star player in high school.

Woman: Yeah, (3) ago. Look, I just don't want you having a heart attack running up and down the court.

Man: So, what are you suggesting? Should I just abandon the idea? I'm not that (4).....

Woman: Well . . . you ought to at least have a (5)..... before you begin. I mean, it has been at least five years since you played at all.

Man: Well, okay, but . . .

Woman: And you need to watch your diet and (6)..... the fatty foods, like ice cream. And you should try eating more (7)..... and vegetables.

Man: Yeah, you're probably right.

Woman: And you should take up a little (8)..... to strengthen your muscles or perhaps try cycling to build up your cardiovascular system. Oh, and you need to go to bed early (9)..... watching TV half the night.

Man: Hey, you're starting to sound like my (10)..... instructor!

Woman: No, I just love you, and I want you to be around for a long, long time.