



ACTIVITY 1: EATING HEALTHY

Complete the sentences with "a", "an" or "some"

Countable nouns

Singular	Plural
a carrot	some carrots
quinoa	quinoa

Countable nouns: possible to count
Singular: ONE
a(n) + singular countable noun
Plural: TWO or MORE
some + plural countable nouns

Uncountable nouns

quinoa
some quinoa

Uncountable nouns: Impossible to count
some + uncountable nouns

Example: I buy **an** orange and **some** milk for my breakfast. I need **some** eggs for lunch.

- We have _____ lemons, _____ carrot, and _____ rice on the table
- I want _____ cheese and _____ fish, mum.
- I'm hungry. I want to eat _____ bread and drink _____ glass of juice.
- I have to buy _____ apple, _____ wheat flour, and _____ quinoa for lunch.