



ACTIVITY 1: EATING HEALTHY

Complete the sentences with "a", "an" or "some"

Countable nouns

| Singular | Plural |
|----------|--------------|
| a carrot | some carrots |
| quinoa | quinoa |

Uncountable nouns

| |
|-------------|
| quinoa |
| some quinoa |

Countable nouns: possible to count

Singular: ONE

a(n) + singular countable noun

Plural: TWO or MORE

some + plural countable nouns

Uncountable nouns: impossible to count

some + uncountable nouns

Example: I buy **an** orange and **some** milk for my breakfast. I need **some** eggs for lunch.

1. We have _____ lemons, _____ carrot, and _____ rice on the table
2. I want _____ cheese and _____ fish, mum.
3. I'm hungry. I want to eat _____ bread and drink _____ glass of juice.
4. I have to buy _____ apple, _____ wheat flour, and _____ quinoa for lunch.