How much do you know about the history of some of your favorite foods? Do you know when people in England started cooking curry dishes? Do you know in which country pizzas or hamburgers were first made? The facts might surprise you.

Many people think the English found out about curry from people in India in the 1600s. In reality, **wealthy** English people were eating dishes made with curry **spices** hundreds of years before British ships traveled to India. Cooks of wealthy English families during the time of King Richard I were making curry dishes, and in fact, the word "curry" can be found in an English **language** cookbook as far back as 1377.

As for pizza, this **dish** was probably first made in Persia (what is now Iran). The Persians were eating round, flat bread with cheese in the 500s. That was nearly 1,000 years before pizza caught on in Naples, Italy!

Finally, let's look at the **truth** behind hamburgers. Many people think hamburgers are an American food. However, according to some stories, hamburgers came from Hamburg, Germany. A German named Otto Kuasw created the first hamburger in 1891. Four years later, German **sailors** introduced hamburgers to Americans.



Where foods come from isn't nearly as important as how they taste; as long as they are delicious! So, go get some of your favorite food and dig in.

Choose the best answer.

1. What is the main idea of this reading?

a. Curry was created in England.
b. There are many foods that help your body
c. People created fast food long ago.
d. Some facts about foods are surprising.

2. Which is probably true about British curry dishes in the 1400s?

a. The dishes did not have meat.
b. The spices cost a lot.
c. People ate curry on special days.
d. British sailors first made curry.

3. What did people in Naples learn from Persians?

a. How to make pizza
b. How to cook cheese
c. How to use spices from Iran
d. How to make flat bread

4. Who introduced hamburgers to America?

a. Persians
b. Otto Kuasw
c. Italians
d. German sailors

5. Which food was probably made first?

a. Hamburgers
b. Cheesy Persian bread
c. Italian pizza
d. English curry

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