

STRAWBERRY SMOOTHIE

Ingredients:

Strawberries

1 banana

1 yoghurt

Milk

Sugar



Preparation:

Put the steps of the recipe in the correct order.

If you want the smoothie to be very cold, you can freeze the strawberries or you can add some ice cubes. Enjoy!

Peel the banana and cut it in slices.

Then, clean the strawberries.

After that, put all the ingredients into a container and mix them with a hand blender for 1 minute.

1.

2.

3.

4.