



selfie (n):
a picture taken
of a person by
that person

A teenager in the UK, Danny Bowman, became addicted ¹ _____ 'selfies' and spent up to ten hours a day taking around 200 photos of himself with his phone. This was a true case of addiction: it was harmful ² _____ his education and his friendships and responsible ³ _____ several health problems. Experts are aware ⁴ _____ the condition and say it is becoming more and more common. Danny first posted selfies on Facebook when he was fifteen and soon became obsessed ⁵ _____ reading his friends' comments. Although he was pleased ⁶ _____ many of the things his friends wrote, he was also very sensitive ⁷ _____ criticism. Before long, he was feeling very dissatisfied ⁸ _____ his appearance. He took more and more photos of himself. His parents became very worried ⁹ _____ his behaviour. Because they were both mental health nurses, they were familiar ¹⁰ _____ addictions. They knew that Danny needed help. Now, after months of hospital treatment, Danny has been successful ¹¹ _____ beating his addiction. But it's a growing problem, with many other cases similar ¹² _____ Danny's.