

Name: _____

Class: _____

Task 1: Listen and answer the questions.

1. Did he get enough sleep? _____
2. Did he eat a healthy breakfast? _____
3. Why does he feel better? _____

Task 2: Look at the pictures of Daniel. Write about his unhealthy habits.



1. _____

2. _____



3. _____

4. _____



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Task 3: Answer the questions for you.

1. Did you eat a healthy breakfast this morning?

2. Did you get enough exercise last week?

3. Did you take a shower yesterday?

4. Did you watch TV last Saturday?

Task 4: Complete the dialogues. Write *did* or *didn't*. Use a capital letter when necessary.

1. A: Simon, _____ you eat breakfast?

B: No, Mum. I _____.

2. A: _____ you brush your teeth?

B: No, I _____.

3. A: So, what _____ you do this morning?

B: Well, I _____ get dressed, I'm still wearing my pyjamas!

Task 5: Write about the healthy activities you do everyday. Write two or three sentences.
