

LET'S CHANGE OUR LIFESTYLE!

COMPETENCIA:

Lee y escribe diversos tipos de textos escritos en inglés como lengua extranjera

PROPÓSITO:

Comprender información específica de textos en inglés sobre actividades deportivas, a fin de elaborar una infografía utilizando el vocabulario y estructuras adecuadas en inglés.

CHALLENGE:

Elaborar una Infografía en inglés que informe y motive a otros adolescentes y jóvenes a desarrollar actividades deportivas tomando en cuenta las medidas necesarias de prevención y cuidado.



Mrs. J.C.

STUDENT'S NAME: _____ CLASS: _____

TEACHER'S NAME: _____ DATE: _____



LEAD IN!

Activity 1: OUTDOOR SPORTS!

1. **Match!** Then **classify** the pictures into team sports and individual sports.

A Walking **B** Basketball **C** Biking **D** Soccer **E** Skateboarding **F** Running



Team sports



Individual sports



LET'S LISTEN AND READ!



<https://youtu.be/70C4waa4Jtw>



2. Listen to and read.



Talk to your friends and ask what they do to protect their health when they do outdoor sports.



Eddy: Hello, Andrea! Can I ask you some questions?
Andrea: Of course, Eddy. Ask me.
Eddy: What is your favourite sport?
Andrea: My favourite sport is skateboarding. I love it.
Eddy: How often do you go skateboarding?
Andrea: Twice a week in the morning.
Eddy: Where do you skate?
Andrea: In the local skatepark.
Eddy: Do you meet any friends there?
Andrea: No, I do it on my own.



Eddy: Basilio! It's nice to see you!
Basilio: Hi, Eddy! Good to see you too.
Eddy: What is your favourite sport?
Basilio: My favourite sport is running. I love it.
Eddy: How often do you go running?
Basilio: Three times a week in the evening.
Eddy: Where do you run?
Basilio: In the park in front of my house.
Eddy: Do you meet any friends for running?
Basilio: No, I do it on my own.





LET'S UNDERSTAND!

EXERCISE 1

How often do you go _____?



3. **Complete** the sentences.



I go _____ twice a week in the morning.

I go _____ three times a week in the evening.



EXERCISE 2

4. Write A (Andrea) or B (Basilio).

Example:

I go running. It's my favourite sport.

B

1. I go skateboarding. I love it.

2. I do it twice a week.

3. I do it three times a week.

4. I go running in the park.

5. I go skateboarding in the skatepark.

REMEMBER !



Sport and Exercise

DO - GO - PLAY

GO - Go bowling - Go camping - Go cycling - Go dancing - Go fishing - Go golfing - Go hiking - Go ice-skating - Go running - Go scuba diving - Go snow boarding - Go surfing - Go swimming	DO - Do aerobics - Do exercise - Do push-ups - Do sit-ups - Do yoga - Do a warm-up	PLAY - Play badminton - Play baseball - Play basketball - Play football - Play hockey - Play ping pong - Play soccer - Play squash - Play tennis - Play volleyball
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ESLBUZZ

How often do you go running?

-I go running.....

Every

day.
morning.
afternoon.
evening.

Once

Twice

Three times

Four times

a day.
a week.
a month.
a year.
Mrs. J.C.



WHAT ABOUT YOU?

How often do you

-I

LET'S SELF ASSESS!

¿Sabías que hay estándares internacionales sobre lo que puedes hacer con el inglés?

Aquí algunas preguntas relacionadas a estos estándares. ¿Los puedes hacer?

Mrs. J.C.



What to Do?		SI	NO
1	¿Puedo reconocer palabras simples (deportes) en inglés con el apoyo de imágenes?		
2	¿Puedo reconocer el significado de expresiones de tiempo ("twice a week", "three times a week")?		
3	¿Puedo comprender una conversación corta sobre deportes?		