

Name: _____

For - selama (sesuatu jangka masa)/ 多久了
eg. For three years
selama tiga tahun, 三年了

Since - sejak (masa yang spesifik)/ 自从(一个时间点)
eg. Since 2018
sejak 2018, 自从2018年

A. Decide if you need 'for' or 'since' with these time expressions.

1 _____ last weekend

8 _____ my secondary school
days

2 _____ ten seconds

9 _____ I was in Year Six

3 _____ November

10 _____ the accident

4 _____ a decade

11 _____ three consecutive
years

5 _____ I finished school

12 _____ the last twenty seconds

6 _____ a couple of days

7 _____ a long time

B. Complete the sentences with 'since' or 'for'.

1 He has played football _____ he was 12.

2 We have not been involved in sports _____ many years.

3 The spectators have waited _____ four hours for the game to start.

4 Jessica and Laila have watched the live telecast of the World Skiing Championship _____
3 hours.

5 Do you know that table tennis is an Olympic sporting event _____ 1988?

6 Mr Samuel has been my badminton coach _____ I was 13 years old.

7 My friends and I have been great fans of Datuk Lee Chong Wei _____ he started
playing badminton.

8 Our school basketball team have trained _____ months to prepare for the
championship.

9 _____ ancient times, some sports personalities have believed in superstitions to
perform well.

10 _____ months, we have trained very hard, and finally we were the house sports
champion for the first time.

