



daily HABITS

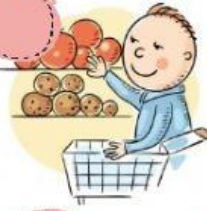


1- Have a shower



7- Have breakfast

2- Do the shopping



8- Have dinner

3- Walk the dog



9- Watch TV

4- Get up

5- Work

6- Read a book