Healthy Food

1.**Drag**–and-**drop** healthy food on plate.












LIVEWORKSHEETS

2. Type your answer in the blanks correctly.

1. Eating too much _____ foods can make your body unhealthy.

2. We eat at least _____ a day.

4. Chocolate and _____ are example of unhealthy foods.

3. Pizza, doughnut and fried chicken are unhealthy because they have too much _____.

5. Foods give us the _____ we need to carry out our daily activities.

energy

oil

three

candy

sweet

LIVEWORKSHEETS