Interdisciplinary Unit
All About My Health - Obstacles



Read the passage below. Answer all questions.

Helen Keller

Do you know who Helen Keller was? She was an author and educator. At a young age, she became very ill. As a result, she became blind and deaf. Helen was a smart girl. She wanted to learn. Her parents found her a brilliant teacher. Ms. Sullivan taught Helen how to read and communicate. The first word she learned was water. When she got older, she went to college. She worked to help people who had disabilities. Helen never allowed the **obstacles** in her life to stop her.

1. Which of the following does **not** describe Helen?

[a] caring [b] loving [c] lazy

2. Helen's teacher was _____.

3. Which body part was affected because Helen was deaf?

[a] ear [b] eye [c] nose

4. What does the word **obstacle** mean in the passage?

[a] something that helps you
[b] something that stops you
[c] something that makes you happy