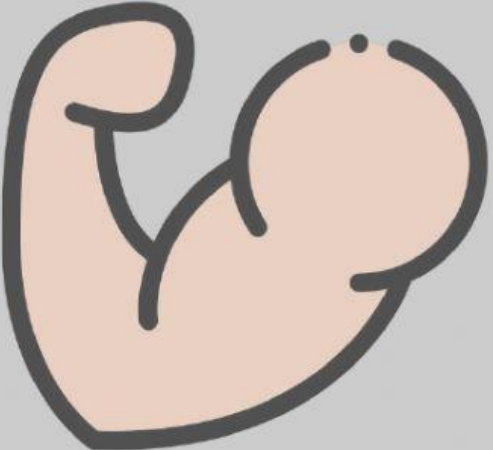


Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Sort** your strengths and weaknesses for each category.

|                                                                                                 |                                                                                                     |                                                                                               |                                                                                                       |
|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| <br>basketball | <br>dancing        | <br>reading | <br>helping others |
| <br>cleaning   | <br>counting money | <br>cooking | <br>making jokes   |

| My strengths are...                                                                 | My weaknesses are...                                                                 |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
|  |  |

**Identify** your feelings about the skills stated.

**Refer** to your pointing board for keywords.



I am \_\_\_\_\_ **at cooking** and

|     |      |      |
|-----|------|------|
| bad | okay | good |
|-----|------|------|

I **feel** \_\_\_\_\_ about it.

---



I am \_\_\_\_\_ **at dancing** and

|     |      |      |
|-----|------|------|
| bad | okay | good |
|-----|------|------|

I **feel** \_\_\_\_\_ about it.

**Describe** yourself using the words learnt for each category.  
Please refer to the **pointing boards** provided.



Hello! My name is \_\_\_\_\_.



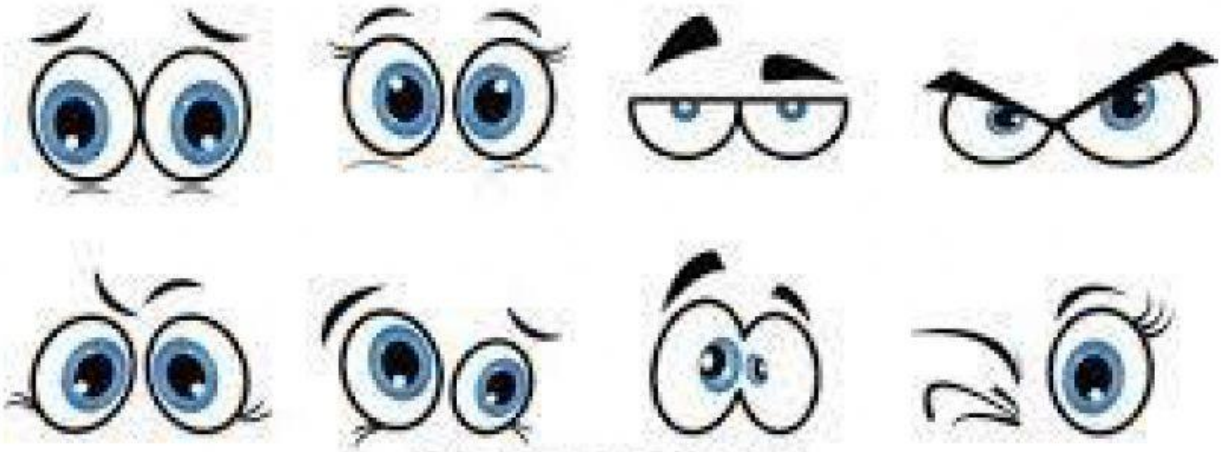
I am \_\_\_\_\_ years old.



My race is \_\_\_\_\_.



My skin tone is \_\_\_\_\_.



My eyes are \_\_\_\_\_.



The colour is \_\_\_\_\_.



I think my eyes are \_\_\_\_\_.



My hair type is \_\_\_\_\_.



My hairstyle is \_\_\_\_\_.



I think my hairstyle is \_\_\_\_\_.

**Rate** your levels on each personality trait.

**Write** your answers in the blanks.



Patience

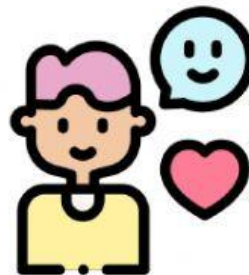


I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **patience** level.

---

Kindness



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **kindness** level.



## Responsibleness



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **responsibleness** level.

---

## Creativeness



I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my **creativeness** level.



Extrovert vs Introvert



Extrovert

A bit of both

Introvert

I think I am \_\_\_\_\_.

I **feel** \_\_\_\_\_ about  
my introvert-extrovert spectrum  
level.