

1. Skim the article and answer:

a. What aspects of surfing are explained?

Which Tide is Best for Surfing



Surfing isn't like most other common sports, and it can be a bit stressful finding the best tide to surf. It takes a special kind of environment to surf. In this article, we'll be discussing one of those conditions – the tides.

What is a Tide?

Generally, whenever we talk about tides, we usually mean the rise and fall of the sea levels. It's caused by the gravitational forces of the sun and moon on the earth and the rotation of the earth.

Although some often mistake tide for waves, they are quite different. Waves are mostly the result of tides and wind; they are moving bodies of water that move **back and forth** across the sea level in an undulating manner.

Best Tides For Surfing

Firstly, it's important to note that there is no best tide for surfing; it all **depends on** the surfer. An individual who's starting to learn the art of surfing may favour a low tide, and an experienced surfer may prefer high tide.



Surf Tides

Tides are **classified into** two categories; the **low tides** and the **high tides**. At low tides, the level of the sea is lower, and often one can see the reefs, and rock that is usually hidden by the high tides. Because of the low level of water, the beaches are seemingly larger, and there are lower shore breaks compared to the high tides.

High tides are **characterized by** a higher water level and as a result of the water increase, the beach gets smaller and there will be higher shore breaks.

Winds

The wind is also an important factor in the formation of waves, wind occurs as a result of differences in atmospheric pressure. There are two main types of wind that affect the formation of waves;

- **Onshore wind:** This type of wind is one that blows from the sea towards the land and they are not exactly what you wish for as a surfer.

A major disadvantage of the onshore wind is to cause the swell to last for a short time, destabilizing the wave and resulting in intermittent breaks throughout the duration of the wave.

- **Offshore wind:** This type of wind is one that blows **from** the coast **to** the seas, it is the most desirable type of wind for surfers as it delays breaking, and surfers can ride waves for long as compared to waves affected by onshore winds.

Surfing Experience and Surfing Tides

Surfing is a very enjoyable activity. The conditions required for a good surfing experience might be tedious to find, but the pleasure that comes

with riding the waves is something you wouldn't find in most other sporting activities.

As we have discussed above, finding a good tide and choosing one are two different things. As a beginner in surfing, you may find that what suits your surfing taste differs from that of another, that doesn't mean you have the wrong surfing idea. Most importantly, you want to be safe when you go out surfing. Have fun and enjoy the tide!

Source: <https://www.surfingfeed.com/best-tide-to-surf/>

2. Read the text. Write true or false next to the following sentences. Justify.

- a. The onshore wind is the most desirable wind for surfers.
- b. At high tides, the level of the sea is lower.
- c. Beginner surfers may prefer a low tide.
- d. Because of the high level of water, the beaches are larger.
- e. The offshore wind is the one that blows from the coast to the seas.

3. Explain the next extract from the article:

"...finding a good tide and choosing one are two different things..."

4. Complete the sentences with the words in blue. Change the tenses if necessary.

- The specimens were then _____ four groups.
- The bus goes _____ London _____ Cambridge.
- The tenderness of the meat _____ the cooking time.
- His paintings are _____ peacefulness.
- We had to go _____ many times before we moved all our furniture to the new house.