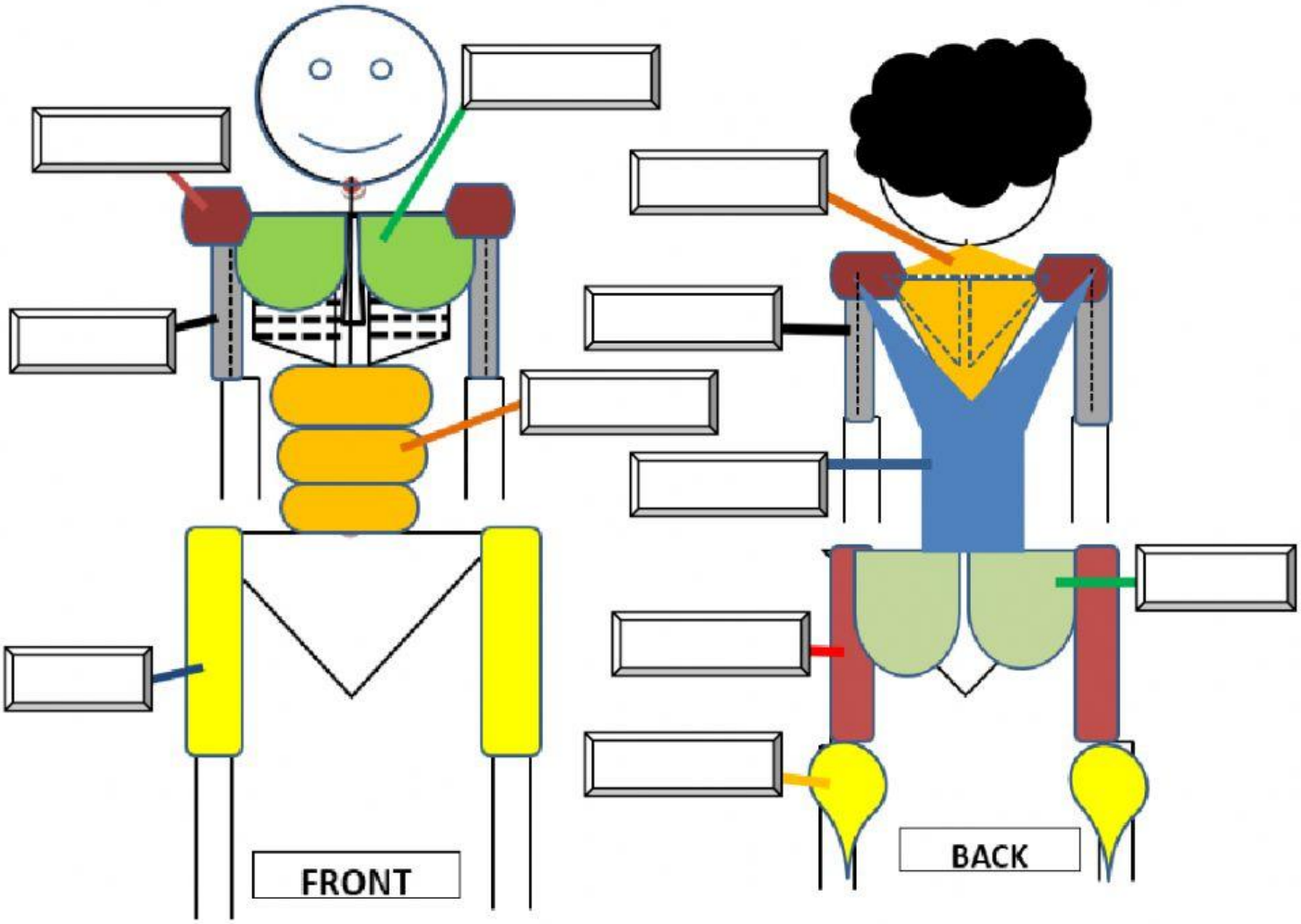
Full Name: _____Class: _____Date: _____




| Muscles | Location (clues) |
|---|---|
| Gastrocnemius | From knee to ankle, back side |
| Pectoral | Chest area |
| Bicep | From shoulder to elbow, front side |
| Hamstring | From hip to knee, back side |
| Gluteal | At the buttocks area. |
| Tricep | From shoulder to elbow, back side |
| Quadricep | From hip to knee, front side |
| Trapezius | Behind chest |
| Abdominal | Infront of intestine, front side |
| Deltoid | Can be seen front and back, touching part of clavicle, humerus, and scapula, at the shoulder area. |
| Latissimus Dorsi | Behind intestine, behind core, back side |

LIVEWORKSHEETS