

## UNIT 2: HEALTH

### I. Find the word which has a different sound in the underlined part.

1. A. put B. adult C. junk D. sun
2. A. chemical B. children C. headache D. architect

### II. Choose the correct answer in each sentence.

3. You should eat a lot of fruits and vegetables because they \_\_\_\_\_ vitamin A, which is good for the eyes.
4. We should follow the advice from doctors and health \_\_\_\_\_ in order to keep fit.
5. The seafood I ate this morning makes me feel \_\_\_\_\_ all over.
6. Do more exercise \_\_\_\_\_ eat more fruit and vegetables.
7. After working in computer for long hours, you should \_\_\_\_\_ your eyes and relax.
8. Be careful with \_\_\_\_\_ you eat and drink.
9. Eating a lot of junk food may lead to your \_\_\_\_\_.
10. My father does morning \_\_\_\_\_ every day.
11. We should try to keep everything around us clean and then flu will find it \_\_\_\_\_ to spread.
12. We need to spend less time \_\_\_\_\_ computer games.

### III. Look at the advice for a healthy lifestyle, and write "more" or "less".

13. Sit \_\_\_\_\_ in front of the TV or a computer if you don't want your eyes to be hurt.
14. Drink \_\_\_\_\_ water because it is very essential for your body.
15. Take \_\_\_\_\_ public transportation. You can save a lot.
16. Sunbathe \_\_\_\_\_ to avoid sunburn.

### II. Fill in each blank with the correct conjunctions "so, and, but, or".

17. I wanted to buy a set of Lego, \_\_\_\_\_ I started to save my money.
18. You can go and see the doctor, \_\_\_\_\_ you can go to bed now and rest.
19. He has toothache, \_\_\_\_\_ he still eats a lot of sweets and cakes.
20. The Japanese eat a lot of rice, \_\_\_\_\_ they eat lots of fish, too.