

-ed and -ing Adjectives

1. Complete the chart below with the correct -ed /-ing suffix.

Verbs	to bore	to excite	to interest	to relax	to satisfy	to tire	to worry
-ed	bored						
-ing	boring						

Now use the adjectives from the chart above to complete the sentences. (They can be repeated).

- Miriam works in an aid camp. She says it's _____ but very _____.
- If you're _____ about climate change, why not donate to a charity?
- Chill-out music is so _____!
- Our teacher was so _____. No one was _____ in his lessons.
- I'm good at English, but I'm so _____ of doing all these exams!
- Kathleen was _____ about going to the concert. It will be unforgettable.
- Are you _____ with the same routine every day? Do something _____. Volunteer!

2. Read the text and choose the correct alternative.



Are you ⁽¹⁾ **Interested / Interesting** in the environment? Are you ⁽²⁾ **tired / tiring** of talking about it but doing nothing? Environmental groups need YOU to be a volunteer and help with their ⁽³⁾ **excited / exciting** new campaigns.

If you're ⁽⁴⁾ **bored / boring** with your weekends, get involved and become a volunteer! It's really ⁽⁵⁾ **satisfied / satisfying** to know that you can make a difference. You'll probably make some ⁽⁶⁾ **amazed / amazing** new friends too.

So, if you're ⁽⁷⁾ **worried / worrying** about the future of the planet, contact our local environmental group or visit the website. If you can't donate your time as a volunteer, you can be a cyber-activist, just send an email -you'll be ⁽⁸⁾ **surprised / surprising** how easy it is!



3. Complete the sentences with an adjective from the box.

- bored / boring • frightened / frightening • Interested / Interesting •
- relaxed / relaxing • tired / tiring • worried / worrying •

- We had a great holiday in France. I feel very _____ now.
- Did you see that new horror film? I thought it was really _____.
- My brother's quite a nervous person. He bites his nails when he's _____.
- Miranda's new job is very _____. She starts at eight o'clock and she doesn't finish until seven o'clock in the evening.
- Are you _____ in jazz? There's a good concert on this weekend if you want to come.
- This book I'm reading is so _____! I fall asleep before I finish a chapter.

