Write the Notes in your Notebook or Exercise Book

HFLE

Trees and forest

A **forest** is a large area that has many trees and other plants. The forest is beautiful. It gives you fruits, fungi (Mushrooms) and other foods. Fallen leaves make soil. It is a home for wild animals and plants. Trees give you wood for houses and furniture. Some plants are medicines. Trees give off water vapour and encourage rainfall. Trees also give off oxygen that you breathe. Paper is made from trees. One tree will make about 100 books.

In some places forests and other plants are being destroyed. Forests are cut down for timber and to provide farm land. Mangroves and swamps are removed to build hotels and other buildings. Grasslands are overgrazed by putting too many cows to feed on them.

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1 In what ways is the forest useful to us?

2 Name some of the plants that you eat.

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