

Daily Routine

(A) Complete the sentences below.

get up

go to school

have breakfast

do my homework

play sports

eat lunch

take a shower

study

go to bed

watch television



Alex

I _____ in the morning.



Nick

I never _____ early.



Jason

I always _____.



The children



Lisa



My friends and I



Brad

They _____ by bus.

I _____ with friends all day.

We _____ at school.

I _____ after school.



Olivia



My family



Lucas

I _____ in the evening.

I _____ with my family at night.

I _____ late sometimes.

(B) Choose the symbol below to classify the sentences.

 **good habit**

 **bad habit**

| | |
|--|---|
| 1.   Go to bed early | 6.   Bite your nails |
| 2.   Brush your teeth | 7.   Exercise often |
| 3.   Stay up very late | 8.   wash your hands |
| 4.   Eat quickly | 9.   Drink alcohol |
| 5.   Sleep 8 hours | 10.   Arrive late |

 **Conversation**

Liz: Good morning, Josh. Good to have you with us. How are you today?

Josh: I'm good, Thanks. How about you?

Liz: I'm wonderful, Thank you. Tell us about your day.

Josh: I always get up early in the morning and then have a big breakfast. After that, I sometimes work out or go jogging.

Liz: I heard that you are working and studying at the same time.

Josh: Yes. I usually have an online class in the morning at home and I go to work in the afternoon.

Liz: That's interesting! So, what do you do after work?

Josh: I go hanging out with my friends sometimes.



Answer the question about the conversation.

1. Does Josh get up late in the morning? _____
2. Where does he have an online class? _____
3. When does he go to work? _____
4. Does he work and study at the same time? _____
5. What does he sometimes do after work? _____