

Daily Routine

(A) Complete the sentences below.

get up

go to school

have breakfast

do my homework

play sports

eat lunch

take a shower

study

go to bed

watch television



Alex

I _____ in the morning.

I never _____ early.



Nick



Jason

I always _____.



The children

They _____
by bus.



Lisa

I _____ with
friends all day.



My friends and I

We _____
at school.



Brad

I _____
after school.



Olivia

I _____
in the evening.



My family

I _____
with my family at night.



Lucas

I _____
late sometimes.

(B) Choose the symbol below to classify the sentences.

✓ good habit

✗ bad habit

1. ✓ ✗ Go to bed early

6. ✓ ✗ Bite your nails

2. ✓ ✗ Brush your teeth

7. ✓ ✗ Exercise often

3. ✓ ✗ Stay up very late

8. ✓ ✗ wash your hands

4. ✓ ✗ Eat quickly

9. ✓ ✗ Drink alcohol

5. ✓ ✗ Sleep 8 hours

10. ✓ ✗ Arrive late

Conversation

Liz: Good morning, Josh. Good to have you with us. How are you today?

Josh: I'm good, Thanks. How about you?

Liz: I'm wonderful, Thank you. Tell us about your day.

Josh: I always get up early in the morning and then have a big breakfast.
After that, I sometimes work out or go jogging.

Liz: I heard that you are working and studying at the same time.

Josh: Yes. I usually have an online class in the morning at home
and I go to work in the afternoon.

Liz: That's interesting! So, what do you do after work?

Josh: I go hanging out with my friends sometimes.



Answer the question about the conversation.

1. Does Josh get up late in the morning?

2. Where does he have an online class?

3. When does he go to work?

4. Does he work and study at the same time?

5. What does he sometimes do after work?
