



NAME: _____

GUIA N. 7

DATE: _____

GRADE: 6° - II PERIOD

1. Write the activities on the chart to show when you do them. Use the work bank

In the morning	In the afternoon	In the evening	At night

Drink water

Brush my teeth

spend time with my family

Eat healthy food

do exercise

take a shower

Watch TV

sleep well

study



2. With the exercise 1, and the words in the box to write sentences about your routine

Always usually sometimes

1 In the morning, I usually **study at school**

2 In the morning, I always _____

3 In the _____, I _____

4 In the _____

5 _____

3. Complete the questions with the words in the box. Then answer the questions.

Do (x3) time what (x2) often sport

1 **What do** you do in the mornings? **I usually study in the mornings**

2 _____ do you wake up? I wake up at _____

3 _____ do you play? I _____

4 When _____ you spend time with your family? _____

5 How _____ do you take a shower? _____

6 What _____ you _____ in the evening? _____