

# Healthy or unhealthy lifestyle?

Watch the video and do the exercises



## 1. Write *true* or *false*

- a) Borough market is a small market in London.
- b) You can go to Borough market on Sundays.
- c) You should eat five servings of fruit and vegetables every day.
- d) Organic food is cheaper than other food.
- e) Organic food tastes better than other food.

## 2. Answer the questions

- a) How many stalls are there in the market?
- b) Can you buy organic food in Borough market?
- c) What is a smoothie?
- d) Can you buy meat in Borough market?
- e) Is it organic food expensive?

## 3. Match the questions with the pictures. There is an extra picture.

Who eats unhealthy food?

Who likes organic vegetables?

Who likes wine?

Who likes good food?

