Healthy or unhealthy lifestyle?

Watch the video and do the exercises



1. **Write *true* or *false***
   a) Borough market is a small market in London.
   b) You can go to Borough market on Sundays.
   c) You should eat five servings of fruit and vegetables every day.
   d) Organic food is cheaper than other food.
   e) Organic food tastes better than other food.

2. **Answer the questions**
   a) How many stalls are there in the market?
   b) Can you buy organic food in Borough market?
   c) What is a smoothie?
   d) Can you buy meat in Borough market?
   e) Is it organic food expensive?

3. **Match the questions with the pictures. There is an extra picture.**

Who eats unhealthy food?

Who likes organic vegetables?

Who likes wine?

Who likes good food?











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