

## The Meal Experience Factors

Read the following definitions and match them with their correct terms.

Terms	Definitions
1. <u>      </u> PHYSIOLOGICAL	a. Finances-the need to eat something but to spend a certain amount of money. Food Resource Availability. Occupation. Food Preparation Skills
2. <u>      </u> SOCIAL	b. The desire for someone else to do the work. Eating out because you are not home ex. Shopping, working. Attending another event ex. Theatre, weddings, funerals
3. <u>      </u> ECONOMIC	c. The need for enhancement and self-esteem. Fulfilling lifestyle needs. The need for variety. Eating something based on an advertisement or promotion
4. <u>      </u> PSYCHOLOGICAL	d. The need to sate one's appetite or quench the thirst. The need for special foods because for example, Vegetarians and Diabetics
5. <u>      </u> CONVENIENCE	e. Desiring enjoyable company. Going out with friends or business colleagues. Attending functions to meet others.