Lesson 2 Food for the Heart	
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☺ 다음 문장을 읽고 해석을 쓰시오.

1. Letters from Our Readers: My Comfort Food

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① Comfort food is food that makes you feel good when you are sad, angry, or stressed out.

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② It can also make you think of happy moments from the past.

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③ It satisfies not only the stomach but also the heart.

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④ Comfort foods differ around the world.

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⑤ Let's see what comfort foods our international readers enjoy.

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2. Jessica from USA _____

① My comfort food is chicken soup.

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② In the USA, people eat this soup when they have a cold.

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③ When I was a small child, / I caught a very bad cold.

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④ My father made me a bowl of chicken soup so that I could get well.

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⑤ The hot soup warmed my body, / and I slowly started to feel better.

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⑥ It was also very tasty.

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⑦ Now, when I catch a cold, / I eat chicken soup.

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3. Maria from Brazil

① In Brazil, there are many dishes that are made with cassava, a vegetable similar to a potato.

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② I love cassava chips the most.

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③ Once when I had a bad day at school and felt stressed out, / my best friend bought me a bag of cassava chips.

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④ When I started to eat the chips, / my stress suddenly disappeared.

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⑤ The crisp sound of eating chips made me feel better.

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⑥ Now, every time I'm stressed out, / I eat cassava chips.

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⑦ Then I feel good again!

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