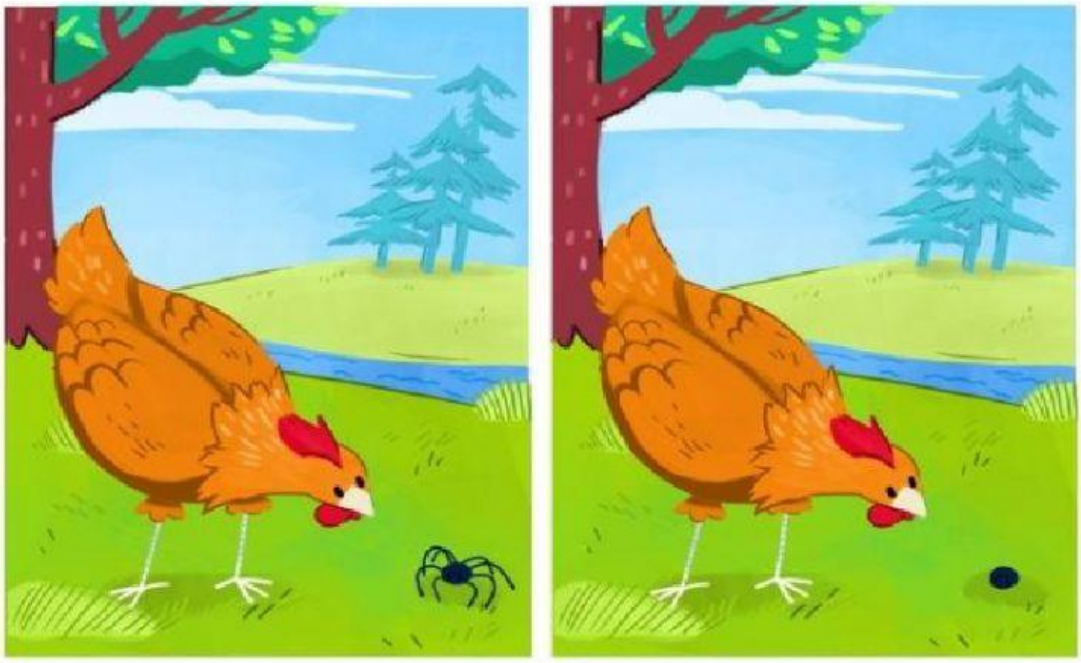

**Read the passage and choose the correct answer A , B , C or D for each question :**

The ordinary, everyday things that families do together can help build strong relationships with teenagers. Regular family meals are a great chance for everyone to chat about their day, or about interesting stuff that's going on or coming up. If parents encourage everyone to have a say, no-one will feel they're being put on the spot to talk. Also, many families find that meals are more enjoyable when the TV isn't turned on !

We should all take turns choosing outdoor activities for our families. A relaxing holiday or weekend away together as a family can also build togetherness. One-on-one time with your child gives you the chance to stay connected and enjoy each other's company. It can also be a chance to share thoughts and feelings.

Parents should celebrate the child's accomplishments, share his disappointments, and show interest in his hobbies. Sometimes it's just a matter of showing up to watch the child play sport or music, or giving him a lift to extracurricular activities.

Family traditions, routines and rituals can help parents and their children set aside regular dates and special times. For example, we might have a movie night together, a favorite meal or cooking session on a particular night, a family games afternoon or an evening walk together.

Agreed household responsibilities give kids of all ages the sense that they're making an important contribution to family life. These could be things like chores, shopping or helping older or younger members of the family.

36. Regular family meals are a great chance for everyone _____.

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A. to have an opportunity to share their daily activities

B. to talk about TV programmes during the meal

C. to have the spot to talk about

D. to talk about interesting things that are coming soon

37. The following things are true about outdoor activities for our families EXCEPT _____.

A. all family members try to find out suitable activities

B. they should be held on holidays or at weekends

C. they offer a chance to share secret thoughts and feelings

D. they offer pleasant feeling of being united

38. Parents can show their attention to their child by all these things EXCEPT _____.

A. watching the child play music or sport

B. giving him a lift to extracurricular activities

C. having a movie night together

D. setting aside regular dates to do housework

39. Children who share household chores with their parents will _____.

A. enjoy each other's company

B. make the family life better

C. be given a chance to do extracurricular activities

D. have a family games afternoon or an evening walk together

40. The main idea of the passage is _____.

A. to give advice on staying connected and enjoying each other's company

B. how to share household chores between family members

C. to offer pieces of advice to improve family relationships

D. the important role of family traditions, routines and rituals.

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