

# RECIPES AND MEALS

1. Fill in the blanks with the missing words from the list:

mix  
plate

eggs  
potatoes

pour  
add

chop  
peel

## How to make a Tortilla

### INGREDIENTS

500g new potatoes

1 white onion

150ml extra-virgin olive oil

6 \_\_\_\_\_(A)

Salt



### ELABORATION

1<sup>st</sup> (B) \_\_\_\_\_ the potatoes and wash them.

2<sup>nd</sup> Slice the (C) \_\_\_\_\_.

3<sup>rd</sup> (D) \_\_\_\_\_ the onion.

4<sup>th</sup> Heat the oil in a large frying pan.

5<sup>th</sup> (E) \_\_\_\_\_ the potatoes and onion and stew.

6<sup>th</sup> Beat the eggs separately.

7<sup>th</sup> (F) \_\_\_\_\_ the potatoes and the eggs, add the salt.

8<sup>th</sup> Heat a little of oil in a pan.

9<sup>th</sup> (G) \_\_\_\_\_ everything into the pan and cook.

10<sup>th</sup> Invert on a (H) \_\_\_\_\_.

11<sup>th</sup> Invert on the pan.

12<sup>th</sup> Repeat 11th and 12th

13<sup>th</sup> Enjoy it

3. Name these actions.



4. Complete:

For breakfast I usually have

\_\_\_\_\_

For lunch I usually have

\_\_\_\_\_  
\_\_\_\_\_

For dinner I usually have

\_\_\_\_\_  
\_\_\_\_\_

My favourite food is

\_\_\_\_\_

I can cook

\_\_\_\_\_