Stuck in a Moment

Listen to the song and fill the gaps with the words you hear.
Let rhymes (= same sound) help you!

I'm not afraid of anything in this .....
There's nothing you can throw at me
That I haven't already heard
I'm just trying to find a decent .....
A song that I can sing in my own company
I never thought you were a .....
But darling, look at you
You gotta stand up straight, carry your own weight
These tears are going nowhere, baby

You've got to get yourself together
You've got stuck in a moment
And now you can't get out of it
Don't say that later will be better
Now you're stuck in a moment
And you can't get out of it

I will not forsake, the colors that you bring
But the nights you filled with fireworks, they
They left you with .....
I am still enchanted by the light you brought to me
I listen through your .....
And through your ..... I can see
And you are such a fool
To ..... like you do, oh oh
I know it's tough
And you can never get enough
Of what you don't really ..... now, my oh my

You've got to get yourself together
You've got stuck in a moment
And now you can't get out of it
Oh love, look at you now
You've got yourself stuck in a moment
And now you can't get out of it

I was unconscious, half asleep
The water is warm till you discover how .....
I wasn't jumping, for me it was a fall
It's a long way down to nothing at .....

You've got to get yourself together
You've got stuck in a moment
And now you can't get out of it
Don't say that later will be better
Now you're stuck in a moment
And you can't get out of it

And if the night runs over
And if the day won't last
And if our way should falter
Along the stony pass

And if, and if the night runs over
And if the day won't last
And if your way should falter
Along the stony pass
It's just a moment, this time will pass

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Now look at the lyrics again. Can you guess the meaning of the underlined phrases? Match the phrasal verbs and other phrases to their definition on the right.

1. To be afraid	a. To accept one's responsibilities; to keep going without anybody's help
2. To stand up straight	b. To be unable to move further (also figuratively)
3. To carry one's own weight	c. To continue for longer
4. To go nowhere	d. Things will improve in the future
5. To get oneself together	e. To be useless
6. To get stuck (in something)	f. To have a fear of something
7. To get out of (something)	g. Keep your back straight; *Fig.* don't give up
8. Later will be better	h. To desire a large or constant amount of something
9. Can never get enough	i. To get control of your emotions or actions after being very upset
10. To run over	j. To avoid doing something that you should do

What message does the song want to convey? Look at the chorus (you've got to…) and the last line of the song to help you. Choose the best option.

1. Relax, and wait for better times.
2. Don't give up! Better times will come, but you must do your part.
3. Nobody knows what the future holds – we must seek the help of our friends.

Note on the song: Bono wrote this song when he learnt that Michael Hutchence, leader of the Australian band INXS, had killed himself in a moment of despair. He was shocked at the news, and wrote the song in memory of his friend and as an encouragement to anyone who is going through difficult times to stay strong and have faith in what the future can bring.

LIVEWORKSHEETS