



ESCUELA DE EDUCACIÓN BÁSICA "PROVINCIA DE IMBABURA"



Miss. Lic. Diana TT

2nd Quím

NAME:	GRADE: 6th	PROJECT: 4	WEEK: 1
DATE:	2021 - 2022		

EAT WELL LIVE WELL



"Eat breakfast like a king, lunch like a prince, and dinner like a pauper."

BEFORE START:

Look at the pictures and try to guess the meaning



1. Match the foods to include in a healthy lunch box.

Candies
Pineapple
Cupcake
Corn sticks
Chesse



Peach
Soda
Milkshake
Plum
Donuts

2. Label the following pictures. Use the word bank:

Dairy Group

Grains Group

Fruit Group

Vegetable Group

Sweets and Processed Foods

Meat Group





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3. Find the words in the letter soup

Q	L	O	Z	A	B	Q	U	B	V	P	H	N	V
M	P	H	M	U	R	Q	L	R	Y	R	C	C	A
M	U	M	I	L	K	A	A	O	S	A	I	H	O
Q	R	C	S	N	W	K	P	C	H	D	W	M	W
D	E	R	T	A	L	A	A	C	H	I	E	Q	I
A	K	Z	W	M	Y	L	P	O	I	S	U	U	V
I	V	S	A	S	Z	V	A	L	Q	H	F	A	I
R	O	O	E	M	B	Y	Y	I	Q	Q	T	P	I
Y	D	Y	C	K	Z	A	A	T	W	X	M	P	C
P	E	G	E	A	V	G	U	P	G	D	B	L	H
C	O	R	N	O	D	T	Y	O	A	K	Q	E	E
C	C	H	E	R	H	O	S	K	Q	U	M	N	R
Y	G	D	Z	A	K	K	N	R	W	T	S	Q	R
B	I	E	E	G	G	S	R	Z	N	Z	R	G	Y

~~RADISH~~
CHERRY
AVOCADO
PAPAYA
APPLE
CORN
BROCCOLI
DAIRY
EGGS
MILK

4. Read and translate these tips for healthy eating.

a. Eat fish at least twice a week.

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b. Eat variety of veggies.

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