

Name: _____ DATE: _____

Deficiency Diseases Worksheet

1. What is a deficiency disease?
 - a. A disease that is passed from one person to another
 - b. A disease that is caused by a pathogen
 - c. A disease that is caused due to a lack of a nutrient

2. Where is the thyroid gland found?
 - a. Face
 - b. Neck
 - c. Leg

3. Which deficiency disease causes “bleeding gum?”
 - a. Goiter
 - b. Scurvy
 - c. Kwashiorkor

4. Which deficiency disease causes an enlargement of the thyroid gland?
 - a. Goiter
 - b. Scurvy
 - c. Kwashiorkor

5. How many types of diseases are there?
 - a. 2
 - b. 3
 - c. 4

6. Based on the photo below, use the word bank below to identify the type of deficiency.

Scurvy

Kwashiorkor

Goiter



7. Complete the table below with the correct response. .

DEFICIENCY	NUTRIENT
Kwashiorkor	
	Vitamin C
Goiter	

8. Give one example of where the following nutrients can be found:

a. Protein : _____

b. Vitamin C: _____

c. Iodine: _____