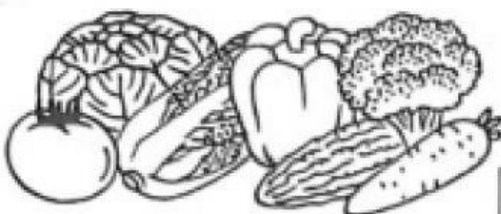
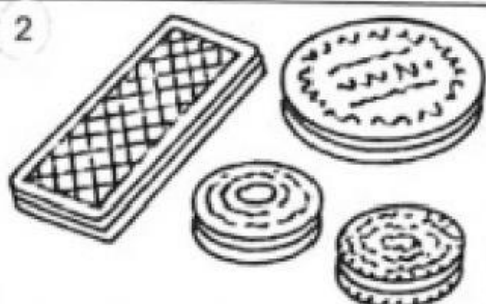
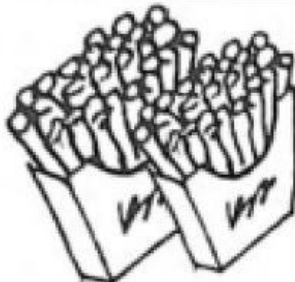
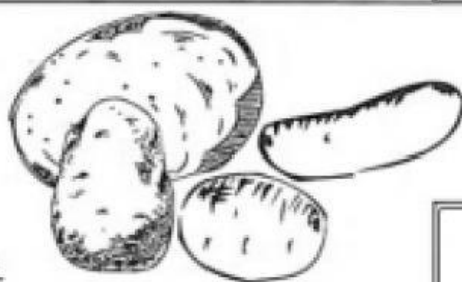
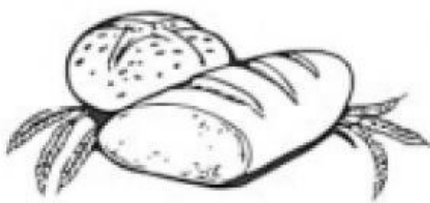


69 饮食与健康

哪些是可以多吃的食物？在 ☐ 里画 $\checkmark$ ；应该少吃的食物画 $\times$ 。
(8.1.1) TP 1

1  ☐	2  ☐
3  ☐	4  ☐
5  谷类 ☐	6  白开水 ☐
7  薯类 ☐	8  ☐
9  ☐	10  ☐