



Activities

- 1. Read the text.**
- 2. Look up the underline words in a dictionary and write the spanish meaning of each word.**
- 3. Classify the words into NOUNS or VERBS**

I. Read the text.

Food Fight



Doctors in Britain are worried because British teenagers eat lots of crisps, sweets and fast food. Most teenagers don't eat enough fruit or vegetables and more than one million British school children are overweight.

Some teenagers say that they don't have time to eat good food.

Americans have the same problem with fast food because it was born there.

McDonald's, Pizza Hut and Burger king have restaurants all over the world.

A steady diet of burgers, fries and soda don't help your body with vitamins and minerals. You need to stay healthy. Fast food lacks many important nutrients.

Some parents are blaming the proliferation of fast food restaurants where people eat food with high-calories and low nutritional value.

Now doctors are giving young people books and games about a good diet.

Having a healthy and well-balanced diet can help you feel better and live longer.

2. Look up the underline words in a dictionary.



1. Worried

2. Crisps

3. Eat

4. Food

5. Born

6. Have

7. World

8. Help

9. Nutrients

10. Live

3. Classify the words into NOUNS or VERBS



Worried
Crisps
Eat
Food
Born
Have
World
Help
Nutrients
Live

Noun	Verb