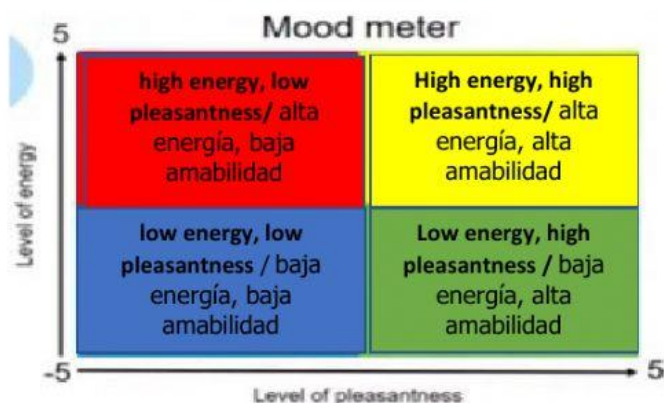


## How are you feeling today?

ESTRATEGIA MASTER CLASS: Helping students develop social and emotional skills while learning English in hybrid environments

### Take student's emotional temperature

¿Cómo se sientes hoy?



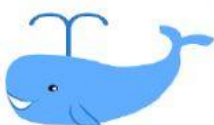
Students can choose an animal according to their mood. / Los estudiantes pueden escoger un animal según su estado de ánimo.

How are you feeling today?

Today, I feel ...



high energy, low pleasantness / alta energía, baja amabilidad



low energy, low pleasantness / baja energía, baja amabilidad



Low energy, high pleasantness / baja energía, alta amabilidad



High energy, high pleasantness / alta energía, alta amabilidad