

**TEST UNIT 2: YOUR BODY AND YOU****Time allowance: 30 minutes****I. Choose the best answer.**

1. Nowadays, there is estimated to be more than 2000 acupoints throughout the human body. The underlined word has the closest meaning to:

- A. stress                      B. pressure points                      C. paints                      D. lines

2. Tom: "Do you know what the saying "kick a habit" means?" - Jerry: " \_\_\_\_\_ "

- A. Wow, she has a good habit.  
B. I think it has the same meaning to getting rid of a habit.  
C. I don't mean that.  
D. Are you kidding?

3. I have been given 10 tricks to get rid of my bad habits and \_\_\_\_ them with healthy ones.

- A. replace                      B. keep                      C. nurture                      D. raise

4. The digestive system lets us break down the food we eat and turn it \_\_\_\_\_ energy.

- A. on                      B. after                      C. of                      D. into

5. "The lecturer splits the students into four groups." has the closest meaning to:

- A. The students are divided into four groups.  
B. The lecturer divided the students into four groups  
C. The lecturer is split into four groups of students  
D. The lecturer went into four groups of students

6. In the past, it was misunderstood that inner body parts were \_\_\_\_\_ by the fine needles in practicing acupuncture.

- A. touch                      B. rush                      C. touched                      D. rushed

7. The \_\_\_\_\_ system controls the movement and emotion of our body.

- A. nerve                      B. nervous                      C. circulate                      D. generous

8. The heart and blood vessels are parts of the \_\_\_\_\_ system.

A. certain                      B. circle                      C. circulatory                      D. circumstance

9. Only humans produce \_\_\_\_\_ tears.

A. emotional                      B. crocodile                      C. \_\_\_\_\_ feel                      D. false

10. To be recognized, this research must offer real **evidence**. The underlined word has the closest meaning to:

A. knowledge                      B. exist                      C. condition                      D. proof

11. I am afraid you can't borrow his car right now. It \_\_\_\_\_ in the garage.

A. is repaired                      B. repairs                      C. repairing                      D. is being repaired

12. Up to the present, 14 books \_\_\_\_\_ by Jane, a friend of mine.

A. have been written                      B. are written                      C. were written                      D. will be written

13. The washing - up \_\_\_\_\_ carefully.

A. should do                      B. should done                      C. should be done                      D. should be do

14. The acupoints \_\_\_\_\_ to enhance the healing capability of the body itself.

A. stimulate                      B. stimulating                      C. stimulated                      D. are stimulated

15. Choose the word whose underlined part is pronounced differently from the others.

A. **c**razy                      B. **c**ream                      C. **c**rown                      D. de**c**ide

16. Lately, several oils, including rose and lemon, \_\_\_\_\_ to relieve anxiety, stress and depression.

A. show                      B. have shown                      C. have show                      D. have been shown

17. Choose the answer which needs correcting.

People say **that** (A) this house **has been built** (B) by an **old** (C) man 12 **years** (D) ago.

18. Choose the answer which needs correcting.

**From** (A) the graphs, we **can see** (B) that the number of employees who **employed** (C) by this firm **is increasing** (D) each year.

19. Choose the word whose underlined part is pronounced differently from the others.

- A. cook                      B. necessary                      C. decide                      D. cereal

20. Choose the answer which needs correcting.

The cells **covering** (A) the walls **of** (B) the stomach will soon be **dissolved** (C) by the acids if they aren't constantly **replace** (D).

**II. Choose the suitable words from the box to complete the sentences:**

Consumed	asleep	boost	spoil
supported	Hanging out	prevent	balance
pumps	sleeplessness		

21. This helps you both protect your respiratory system and ..... some diseases like lung cancer.
22. If you abuse too much coffee, you can't ..... your brain's memory functions.
23. The heart ..... blood through the blood vessels to bring oxygen to all parts of the body.
24. Our body is ..... by the skeletal system which is made up of our bones.
25. Many people don't know that the same amount of power as a 10-watt light-bulb is ..... by the brain.
26. It is believed that the ..... between yin and yang is well-known in Asian countries.
27. You should be aware that ..... with friends is one of the good ways for you to be motivated.
28. Onions and garlic are two types of food which ..... your breath for days after a meal.
29. In some cases, taking medicine can help you fall .....
30. A lot of people agree that ..... is caused by using caffeine containing food.

- END OF THE TEST -