



ERA International School

Live Worksheet- 2021-22

Std: 6th

Sub: Science

Date: 26-09-21

Lesson: 2. Components of Food

Topic: Significance of Carbohydrates (Page -13 -14) Lecture- 1

Fill in the Blanks

1. Meat is a rich source of proteins but it also contains and
2. Carbohydrates are called..... Food.
3. is a form of carbohydrate that cannot be digested by humans.
4. Glucose is the simplest form of
5. Fruit, honey, table sugar are rich in