

UNIT 2: HEALTH

I. Choose the odd one out.

- a. running b. coughing c. cycling d. swimming
- a. vegetables b. fish c. fried chicken d. fruits
- a. cold b. cough c. stuffy nose d. sunburn
- a. soda b. milk c. fruit Juice d. water
- a. fever b. health c. obesity d. headache

II. Complete the sentences with the correct form of the verb *have* or *feel*. Add *a* or *an* where necessary.

- I _____ flu. I _____ tired and weak.
- Jane _____ sick, so she stays at home today.
- Maybe she _____ fever. Her face is red and she tells me that she _____ very hot.
- I _____ terrible headache yesterday, but I _____ better now.
- What's wrong with Sarah? Does she _____ toothache?
- 'Have you ever _____ allergy to seafood?' 'Yes, I _____ ill when I ate some lobsters two months ago.
- My friend _____ sunburn after a day at the beach. Her skin becomes red and sore.
- I _____ itchy and I _____ runny nose. Do I _____ cold?

III. Complete the imperatives with *more* or *less*, using the verbs in the box.

play drink eat read sleep spend watch do

- _____ video games or your eyes will be hurt.
- _____ fruit, vegetables or nuts because they are healthy.
- _____ if you want to be more active.

4. If you want to improve your knowledge, _____ books.
5. _____ TV because too much TV is really bad for your eyes.
6. If you're outside on a hot day, _____ water.
7. _____ exercise, and you will feel fitter and healthier.
8. _____ time on social media, so you can focus on your tasks.

IV. Fill in the blanks with *and, so, but, or*.

1. We stayed at home _____ watched a film.
2. I want to buy a new car, _____ I don't have enough money.
3. She had a terrible headache last night, _____ she couldn't go out.
4. I eat cake, _____ I never eat biscuits; I don't like them.
5. Would you like cake _____ biscuits with your coffee?
6. My job is very interesting, _____ it doesn't pay very well.
7. We can go by bus, _____ we can walk.
8. My classmate studies very hard, _____ she always gets good marks.
9. You had better hurry up, _____ you'll be late for work.
10. The Japanese eat healthily, _____ they have high life expectancy.