

## Health Science Worksheet #01

Choose the correct answer for the following questions

1. Our skeleton has \_\_\_\_\_ bones

- a. 108
  - b. 206
  - c. 306
  - d. 110
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2. There are \_\_\_\_\_ pairs of ribs which protect the certain organs of the body.

- a. 16
  - b. 10
  - c. 12
  - d. 22
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3. The skeleton acts as a reserve or reservoir for calcium, phosphorous and \_\_\_\_\_

- a. magnesium
  - b. Vitamin C
  - c. B complex vitamins
  - d. Iron
- 

4. The skull is also called the \_\_\_\_\_ .

- a. femur
- b. mandible
- c. cranium
- d. vertebrae



5. The skull protects this vital organ

- a. larynx
  - b. tongue
  - c. brain
  - d. Kidneys
- 

6. Which of the following is a movable part of the skull

- a. Lower jaw
  - b. Upper jaw
  - c. plates of the skull
  - d. Mouth
-

7. The human vertebral column contains \_\_\_\_\_ separate bones.

- a. 55
  - b. 33
  - c. 206
  - d. 208
- 

8. Bones are separated from each other by

- a. Ligaments
  - b. Muscle
  - c. pads of cartilage
  - d. Tendons
- 

9. This chain of bones allows us to walk upright or defy gravity.

- a. Pelvis
  - b. Cranium
  - c. vertebrae
  - d. Legs
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10. White and red blood cells are manufactured in the

- a. Outer hard part of the bone
- b. Inner spongy marrow of the bone
- c. ends of the bone covered with cartilage.
- d. Part of the bone attached to muscle