

Kinds Of Milk

Place the correct kind of milk to its definition in the answer column.

Kinds of Milk	Definitions	Answer
Whole milk	milk in a powdered form. It is made by removing the fat and water from pasteurized milk.	
Reduced-Fat Milk	Milk that has bacteria added to help a digestion.	
Low-Fat milk	Milk that has cocoa and sweetener added.	
Nonfat milk	Canned whole or nonfat milk that contains only half the amount of water in regular milk.	
Buttermilk	this is milk with an added flavoring, such as strawberry or vanilla.	
Kefir	Milk that has 1 percent fat.	
Chocolate milk	Milk that has the highest amount of fat of any milk. By law, it must have 3.25 percent fat or more	
Flavored milk	Milk that has been treated to break down lactose.	
Nonfat dry milk	Fermented milk with a slightly sour flavor, like yoghurt.	
Evaporated milk	Milk that has 2 percent fat.	
Sweetened condensed	Milk that has less than ½ percent fat.	
Lactose-free	has a tangy flavor and a smooth, thick texture. Despite its name, it is not high in fat.	
Acidophilus milk	A concentrated, canned form of milk sweetener added.	