

1. Read the text and answer the questions

Jess Barnes received the Young Sailor of the Year award and she was only 13!

'It's amazing,' says Jess. 'I love sailing. It's my life. I always go sailing at weekends. I'm never bored. I sometimes go sailing in a team but I go sailing alone, too. In the holidays, I usually go to different sailing competitions. Some of these are in other countries. It's difficult to get a place in the competition teams. I need to work hard but I know I can do it! I want to sail and to win.'



'I didn't like playing rugby and football. They're boring! I wanted to try a different sport. Cycling is different and no one else at my school does it,' says **James Miller**.

'I really love the sport and it keeps me fit. I often go cycling with my friends. It's good practice for my team competitions. I'm sometimes tired but then I think about the Olympics. I want to go there and win! Remember – you don't find many world champions on the sofa!'

2. Read the texts and find the right pictures

1

Octopush

This sport is also called underwater hockey. There are two teams. Each team has got six players. Players swim underwater. They try to hit the heavy ball into the other team's goal. The winning team is the team with the most goals at the end of the match.

2

Futsal

This sport is like football. There are two teams. Each team has got five players. Players kick the ball and try to get a goal. The ball is smaller than a football. Players usually play the game inside.

3

Croquet

People play this game on grass. There are four balls of different colours. Players don't play in teams. They play singles or doubles. Players hit the balls through hoops on the grass. The winner is the first player to hit all the balls through all the hoops.



3. Write T (true) or F (false)

1. Octopush is like volleyball. _____
2. People play octopush in teams. _____
3. Octopush players are good at swimming. _____

4. There are five players in a game of futsal. _____
5. Futsal players never use a bat. _____
6. A futsal ball is the same as a football. _____
7. People play croquet outside. _____
8. In croquet, there are two teams. _____
9. Croquet players kick the balls with their feet. _____

4. Listen and tick. Then find 2 other sports

	Pelota	Cheese rolling
1 It's a game.		
2 It's an old sport.	✓	
3 People run down a hill.		
4 People hit the ball with their hands.		
5 People play in teams.		
6 Only one person is the winner.		
7 The winner can take the food home.		
8 People play inside.		

5. What do you need to do this sport? Do you do it alone or in team?

**Badminton baseball basketball cycling football hockey
rugby running sailing skating snowboarding swimming
table tennis tennis volleyball**