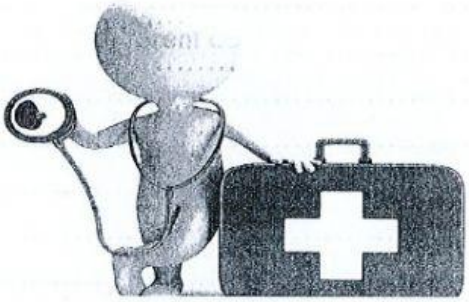
Unit 2



A PHONETICS

Find the word which has a different sound in the part underlined.

1. A. surf	B. roof	C. of	D. father
2. A. laugh	B. though	C. cough	D. enough
3. A. machine	B. chemical	C. Christmas	D. backache
4. A. chin	B. architect	C. mechanic	D. headache
5. A. rough	B. fast	C. although	D. ferry

Put the words into the correct column according to the underlined part.

wife *wives* *of* *vain* *laugh* *cough*
live *enough* *victory* *paragraph* *invention* *rough*

/f/	/v/
.....	.....
.....	.....

LIVEWORKSHEETS

B

VOCABULARY AND GRAMMAR

III Find one word which does not belong to each group.

1. A. temperature	B. toothache	C. earache	D. earrings
2. A. lemonade	B. orange juice	C. vitamin	D. milkshake
3. A. eating	B. walking	C. jogging	D. running
4. A. vegetable	B. allergy	C. fruit	D. junk food
5. A. itchy	B. weak	C. weight	D. healthy
6. A. good	B. tired	C. comfortable	D. relaxed
7. A. swimming	B. watching	C. reading	D. listening
8. A. volleyball	B. running nose	C. baseball	D. swimming
9. A. flu	B. cold	C. fever	D. necklace
10. A. fit	B. toothache	C. healthy	D. strong

IV Look at the pictures and complete the sentences using the words below.

a running nose	*junk food*
cycles to school	*does morning exercise*



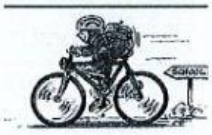
1. You shouldn't eat too much .....because it will make you fat.



2. My father ..... everyday to keep fit.



3. In cold weather, children easily have..... .



4. He ..... everyday because it is good for his health.

LIVEWORKSHEETS

V Match the illness with the suitable symptom.

1. toothache	1.	a. you have a high temperature
2. fever	2.	b. a pain in your tooth when you have a cavity in your tooth
3. sore throat	3.	c. you make a loud sound which sometimes affects people around you.
4. stomachache	4.	d. a pain in your stomach.
5. cough	5.	e. a pain in your throat

VI Complete the following sentences with "more" or "less".

1. Drink .....water but .....coffee.
2. Eat.....meat but .....vegetables.
3. Spend.....time on video games.
4. Do .....exercise.
5. Eat.....candy.
6. Cycle to school..... .
7. Spend .....time playing sports.
8. Spend.....money buying junk food.

VII Complete these sentences using "or, and, but, so".

1. If you want to be fit and healthy, you should eat less junk food .....more vegetables.
2. Which activity is better for us, playing sports.....watching TV?
3. She wants to stay in shape,.....she does morning exercise everyday.
4. Sports like riding a bicycle .....running use a lot of calories.
5. The expert says that cycling uses more calories than walking,.....running uses the most calories of all.

LIVEWORKSHEETS

VIII Find and correct the mistakes in the following sentences.

1. You should eat more sweets because you may have a toothache. .....
   A B C D
2. It will be good for her if she relax more. .....
   A B C D
3. You shouldn't take up a sport. It will make your health better. .....
   A B C D
4. Drink more water, but you will not be so thirsty. .....
   A B C D
5. He has a toothache, and he still eats a lot of sweet things. .....
   A B C D

IX Choose the best answer A, B, C or D.

1. Eating too much .....will be harmful for your health.
   A. vegetables B. junk food C. healthy food D. fresh food
2. Do you think that playing outside all day will make you get .....?
   A. a sore throat B. a toothache C. sun burn D. a cold
3. You should be careful with.....you eat and drink.
   A. what B. who C. why D. when
4. If you eat that strange food, you may get a/an.....
   A. backache B. allergy C. fever D. temperature
5. If you follow a balanced diet, you will have a healthy..... .
   A. life B. style C. house D. line
6. Eating .....drinking healthy things will keep you fit.
   A. or B. although C. but D. and
7. He will take part in an event. In this event, he will run, jump .....swim.
   A. and B. but C. though D. or

LIVEWORKSHEETS

8. Don't drink too much milk, ...you will gain your weight.

A. so B. or C. and D. but

9. The doctor advised him to play more sports and .....computer games.

A. more B. little C. less D. least

10. Your eyes will feel dry if you watch TV .....read comic books a lot.

A. and B. but C. though D. so

11. To .....healthy, you need between 1,600 and 2,500 calories.

A. let B. stay C. make D. do

12. I ate too much seafood, so I had a/an..... yesterday.

A. earache B. backache C. stomachache D. headache

13. We shouldn't spend much time.....TV and .....games.

A. watching/play B. to watch/ to play

C. watching/ playing D. to watch/ playing

14. My brother eats a lot of junk food, so he .....on a lot of weight.

A. turns B. takes C. brings D. puts

15. Eat more vegetable.....drink less beer and coffee.

A. or B. and B. but D. so

LIVEWORKSHEETS

F. WRITING

XV Make compound sentences by using appropriate co-ordinators given below.

and	*but*	*so*	*or*	*for*

1. I have a terrible headache. I want to visit my doctor.

→ .....

2. She felt so tired and sleepy. She couldn't sleep.

→ .....

3. The patient needs a special treatment. Her health condition is getting worse.

→ .....

4. My mother should have a healthy diet. She needs to do regular exercise, too.

→ .....

5. You need to take some pain-killers. You can visit the doctor if you want.

→ .....

XVI What do you do every day to keep fit and better your health? Write an email (80-100 words) to your friend to tell about it.

You should base on the suggestions below:

- What do you do for your physical health?
- What do you do for your mental health?

Dear.....,

.....

.....

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.....

.....

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.....

.....

LIVEWORKSHEETS