

Reading

Read the text and write yes or no.

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My blog

by Mandy



Hi! I'm Mandy and I'm twelve years old. I usually get up at seven o'clock and I have a shower. Then I have breakfast. I usually have orange juice and cornflakes, but sometimes I have milk, eggs and toast. I don't walk to school, I ride my bike.

I have lessons from half past eight to two o'clock. Then I go home and have lunch. I do my homework after lunch, but my best friend, Sarah, does her homework in the evening. On Mondays and Wednesdays, I play tennis in the afternoon. In the evening, I have dinner with my family. Then we watch TV. I go to bed at nine o'clock from Sunday to Thursday but on Fridays and Saturdays I go to bed at ten.

- 0 Mandy is twelve years old. _____
- 1 She always gets up at seven o'clock. _____
- 2 She always has milk, eggs and toast for breakfast. _____
- 3 She has lunch at home. _____
- 4 She sometimes plays tennis in the afternoon. _____
- 5 She goes to bed at nine o'clock on Fridays. _____

Complete the text with the words in the box.
There is one extra word.

August June listens often reads watches writes

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My cousin Katie goes to school from September to ⁰____, but in July and ¹____ she is on holiday. She ²____ goes swimming in the morning. In the afternoon, she hangs out with her friends and in the evening she ³____ books and comics. She ⁴____ emails to her friends and ⁵____ to music.

Writing

6 Write sentences about Fred's activities after school.

0 Mondays 3.00	do homework
1 Tuesdays 3.15	have a music lesson
2 Wednesdays 5.00	go to Art Club
3 Thursdays 4.30	play football with friends
4 Fridays 6.45	have dinner with family
5 Saturdays	hang out with friends, park

Vocabulary

- 1 Complete the text with the words in the box. There is one extra word.

dinner do get make Mondays out Saturdays shower to Wednesdays

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My daily routine

by Gemma Miles

On ⁰ _____, Tuesdays, ¹ _____, Thursdays and Fridays, I ² _____ up early and have a ³ _____. Then I have breakfast and I go to school. After school, I ⁴ _____ my homework. In the evening, I have ⁵ _____. Then I watch TV or listen ⁶ _____ music. I go to bed early. On ⁷ _____ and Sundays I hang ⁸ _____ with my friends.

- 2 Write the missing months.

January → ⁰ _____ → March →
¹ _____ → May → ² _____ →
 July → ³ _____ → September →
 October → ⁴ _____ → December

Grammar

- 3 Complete the sentences. Use the Present Simple form of the verbs in the box. There is one extra word.

climb dive draw have play run write

- We _____ great lessons at school.
- Sam _____ football after school.
- Her friends _____ great pictures.
- My sister _____ fast.
- You and your brother _____ stories.
- His cat _____ trees.

- 4 Write sentences.

- I have eggs for breakfast.
She _____.
- I tidy my bedroom every Saturday.
He _____.
- I watch TV in the evening.
She _____.
- I fix cars and bikes.
He _____.

- 5 Make sentences. Add the correct adverb of frequency.

Frequency adverbs

****0 always ***00 usually **000 often
 *0000 sometimes 00000 never

- I / my / bike / to / ride / school (**000)

- go / to / I / early / on / bed / Monday (****0)

- TV / I / in / watch / the evening (*0000)

- in / cook / breakfast / the morning / I (00000)

- read / in / I / a book / the evening (***00)

Look at the clocks and answer the questions.

- What time is the film?
_____ 06:10
- What time is the match?
_____ 05:30
- What time is our English lesson?
_____ 09:00
- What time is breakfast?
_____ 07:55
- What time is lunch?
_____ 12:45
- What time is bedtime?
_____ 10:15