

Health Science Worksheet #01

Choose the correct answer for the following questions

1. Our skeleton has _____ bones

- a. 108
 - b. 206
 - c. 306
 - d. 110
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2. There are _____ pairs of ribs which protect the certain organs of the body.

- a. 16
 - b. 10
 - c. 12
 - d. 22
-

3. The skeleton acts as a reserve or reservoir for calcium, phosphorous and _____

- a. magnesium
 - b. Vitamin C
 - c. B complex vitamins
 - d. Iron
-

4. The skull is also called the _____ .

- a. femur
- b. mandible
- c. cranium
- d. vertebrae



5. The skull protects this vital organ

- a. larynx
 - b. tongue
 - c. brain
 - d. Kidneys
-

6. Which of the following is a movable part of the skull

- a. Lower jaw
 - b. Upper jaw
 - c. plates of the skull
 - d. Mouth
-

7. The human vertebral column contains _____ separate bones.

- a. 55
 - b. 33
 - c. 206
 - d. 208
-

8. Bones are separated from each other by

- a. Ligaments
 - b. Muscle
 - c. pads of cartilage
 - d. Tendons
-

9. This chain of bones allows us to walk upright or defy gravity.

- a. Pelvis
 - b. Cranium
 - c. vertebrae
 - d. Legs
-

10. White and red blood cells are manufactured in the

- a. Outer hard part of the bone
- b. Inner spongy marrow of the bone
- c. ends of the bone covered with cartilage.
- d. Part of the bone attached to muscle