

## Watch the PING and PONG story

### ¿QUE NECESITAMOS PARA MANTENERNOS SANOS Y SANAS?

eat well      drink water      do exercise      play      sleep well      wash

To keep healthy, you need to  \_\_\_\_\_ every day.  
To keep healthy, you need to  \_\_\_\_\_ every day.  
To keep healthy, you need to  \_\_\_\_\_ every day.  
To keep healthy, you need to  \_\_\_\_\_ every day.  
To keep healthy, you need to  \_\_\_\_\_ every day.  
To keep healthy, you need to  \_\_\_\_\_ every day.

Choose the activities you do every day to keep healthy:



Example: I dance every day and I go to bed early every day.