

Internal Clock Exercise

VOCABULARY



1 Fill in the blanks with the words that you hear in the first part of the interview.

Lee: When it comes to time, we all perceive it a little differently. But have you ever wondered why some people's internal _____ seems to run a little—or sometimes a lot—behind everyone else's?

Chronically late DNTO producer Sara Tate has managed to make it to the studio _____, and she is here to make a confession and hopefully mend her _____ ways.

Tate: Yes, Sook-Yin: I am punctually challenged. I've missed _____ parties. I've missed flights. I was even late for my own _____.

2 Match the words to their meanings.

Terms

1. on time _____
2. wedding _____
3. journal _____
4. tardy _____
5. clock _____

Definitions

- a. diary or notebook to record private thoughts
- b. time-keeping device
- c. punctual
- d. ceremony to celebrate a marriage
- e. late

COMPREHENSION

Answer the following questions.

- 3** What is Sara's main problem? _____
- 4** What is the name of Sara's husband? _____
- 5** When did Sara begin to hate waiting? Circle the letter of the correct answer.
 - a. When she was a little girl
 - b. When she was in college
 - c. When she was in junior high school

6 What advice did Diana DeLonzor give Sara? _____

7 What is Sara never late for?
a. Her job b. Her husband c. Her doctor

8 Why does Sara decide to change her late habit? _____

Are the next two sentences true or false? Circle T for "true" or F for "false."

9 Sara's husband doesn't care that she is always late. T F

10 Diana DeLonzor wrote a book. T F

PRACTICE

Write each time using to or past.

EXAMPLE: 2:40 It is twenty (minutes) to three.

1 11:15 _____

2 6:30 _____

3 7:10 _____

4 4:20 _____

5 9:50 _____

6 1:45 _____

7 2:25 _____

8 12:00 _____