Protein jingle:

growing	animal	milk	best
vegetable	new	healthy	jewel
peas	lentils	cheese	



_____and eggs, meat, fish, and,_____

there's _____protein in all of these.

_____, nuts, beans, _____

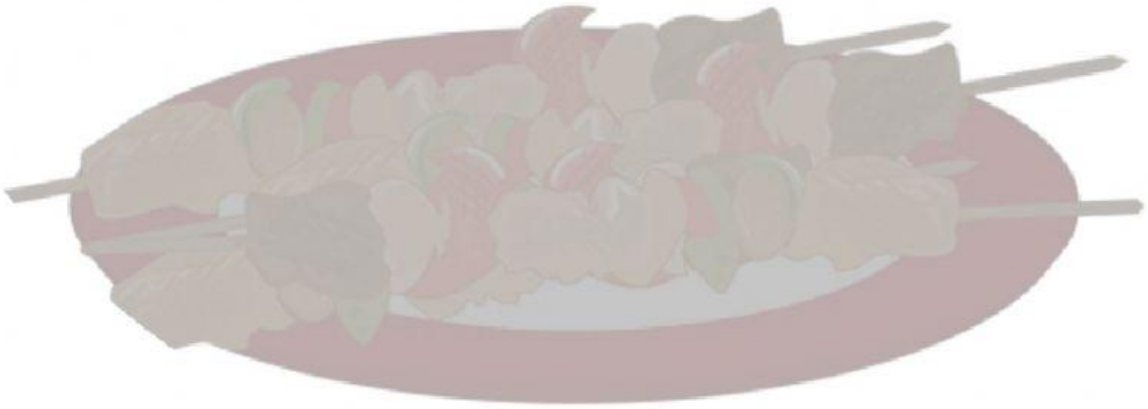
Have _____protein to help fight disease.

Animal is_____ but vegetables they surely rule.

They make your body glow like a precious _____

They are good for _____and repairing too.

Eat them up and your body will feel _____and_____.



LIVEWORKSHEETS