

NAME: _____

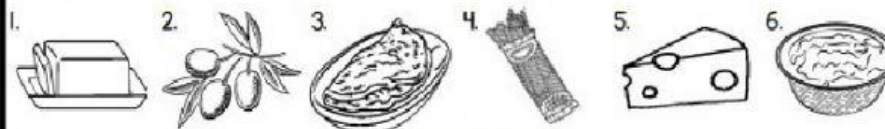
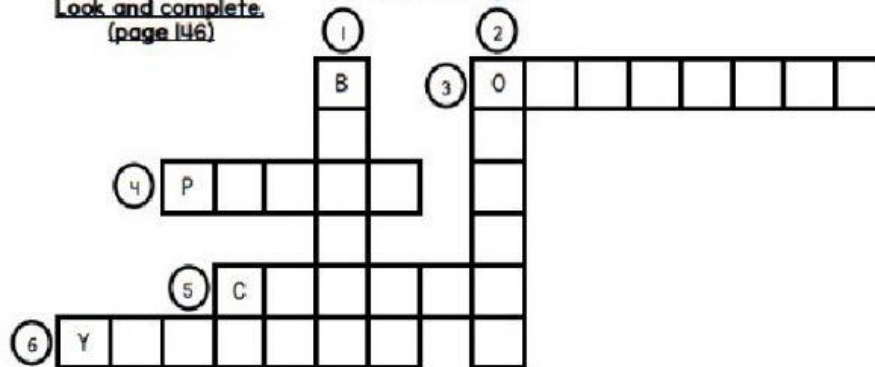
WATCH THE
VIDEO

VIDEO WORKSHEET (EPISODE 5)

Eating right

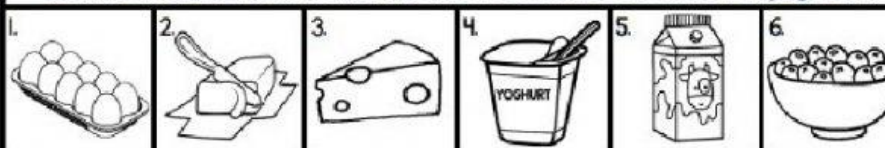
Warm-up

Look and complete.
(page 146)



While Watching

Watch Part 2 and tick (✓) what the kids use to make an omelette. (page 147)

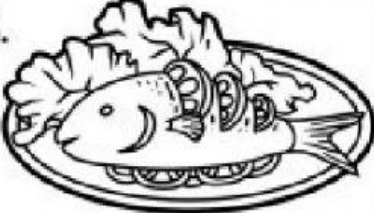


Watch Part 2 again. Read and write Yes or No.

1	Does Jack want to have lunch?	
2	Does Jack cook with his mum?	
3	Is there any cheese?	
4	Do they have ten eggs?	
5	Is salad Dad's favourite food?	
6	Does the family eat together?	

.....While Watching.....

Watch Part 3. Look and match. (page 147)

1. Breakfast	A. 
2. Lunch	B. 
3. Dinner	C. 

.....
Watch Part 3 again. Read and circle. (page 147)

1	The video is about healthy/unhealthy food.
2	The people from the Mediterranean eat a lot of meat/fish .
3	Fruit is part of the Mediterranean breakfast/lunch .
4	The oil used is made from vegetables/olives .
5	People in Mediterranean have three/four meals a day.