

Recite the poem and answer all the questions that follow.

Wake up early,
It is Monday.
I can't sleep late, It's not Sunday.
Take a shower, brush my teeth,
Put on clothes, eat my breakfast,
I have an hour to get all ready.
Time to wait for the school van,
And here it comes- Auntie Lily's van
Get off the van and say goodbye,
Walk into the school,
It is time to study.
When it is 12.40 at noon,
It is time to go home,
I can rest and relax on my own.

1. What are the days mentioned in the poem?

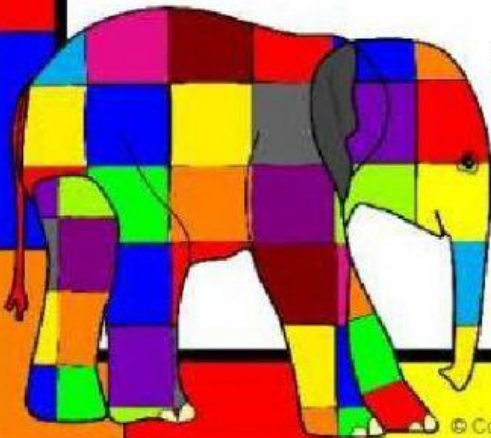
The days mentioned in the poem are _____ and _____.

a) Sunday and Monday b) Monday and Tuesday

2) Who is the person that is most likely doing the activities in the poem?

a) a pupil b) a teacher

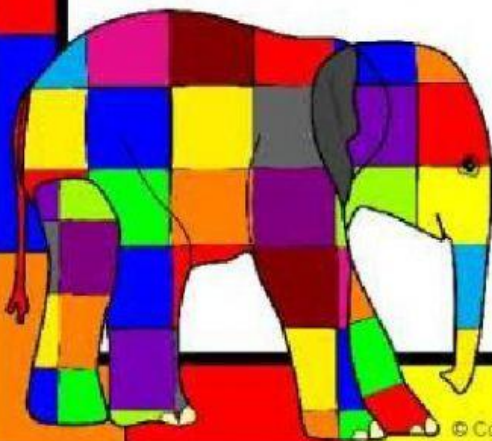
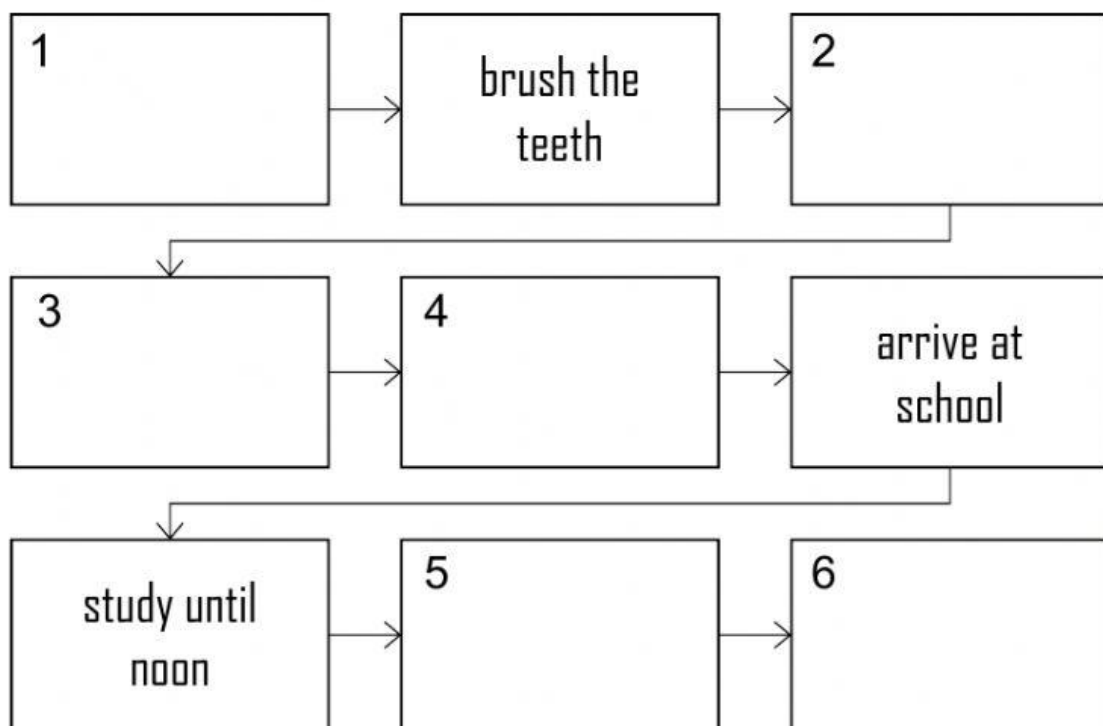
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3. sequence the activities mentioned in the poem accordingly.

eat breakfast	take a shower	go home
rest and relax	wait for the school van	put on clothes



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Complete the phrases with the suitable activities based on the given pictures

tuition class	wash the car	and seek
badminton with friend	shopping	

1



2



3

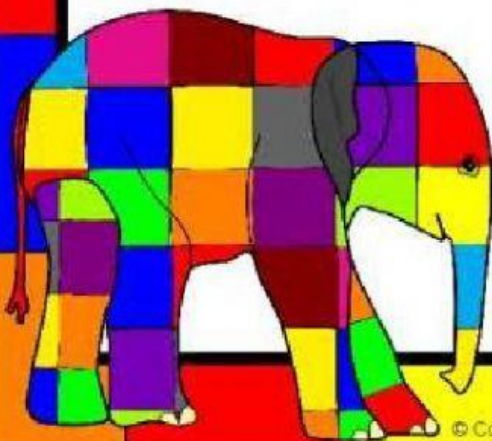


4



5

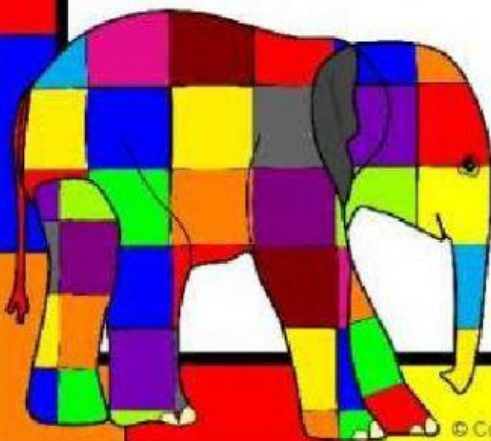




Construct suitable questions based on the given pictures by using the information from the table.

Do you sing	at the weekend?
Do you swim	
Do you ride your bicycle	
Do you sweep the floor	
Do you watch television	

1		Example: Do you watch television at the weekend?
		Yes, I do.
2		No, I don't.
3		No, I don't.
4		Yes, I do.
5		Yes, I do.



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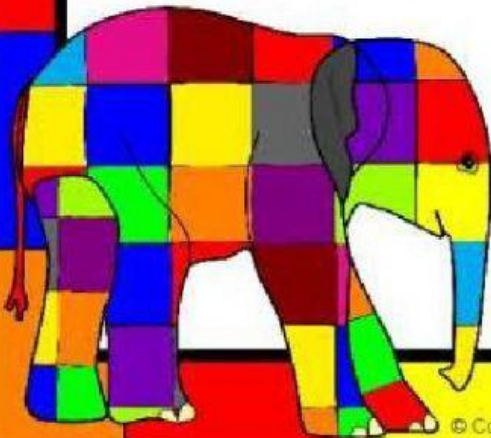
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Read the speech bubbles and answer the questions that follow

I am Janice. I like to knit during my free time. I need some yarn and knitting needles. It helps me to relax and focus. It also helps me with my hand-eye coordination. I sell my handmade products to my friends. Next, I want to challenge myself to knit a sweater.



I am Kent. I like to practice yoga during my free time. For this, I need a yoga mat. It helps me to relax and focus. It also helps me with my breathing. I feel stronger and more flexible now. Next, I want to learn more challenging poses like a headstand.



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1. What does Janice like to do during her free time?

- a) play badminton
- b) knitting
- c) practise yoga
- d) gardening

2. How does Janice's pastime help her?

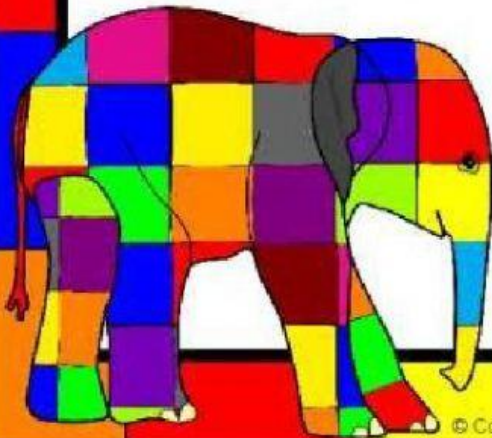
- a) It helps her lose weight
- b) It helps her to self
- c) It helps her to be fitter
- d) It helps her to relax and focus

3. How does Kent feel after practising yoga?

- a) Stronger and more flexible
- b) Weaker and sluggish
- c) Unfocused and unrelaxed
- d) Bored and dull

4. What do Janice and Kent have in common?

- a) Both dislike their pastimes
- b) Both want to challenge themselves
- c) Both earn money through their pastimes
- d) Both are happy with where they are now.



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