

Grammar and Writing

Be Verbs

Use **I am** + name or **I am** + adjective to talk about you.

I am Ana.

I am happy.



Use **not** to talk about things that are not true.

I am not sad.

I am → I'm

Use **are you** to ask a person about himself or herself.

Are you Paco? Yes, **I am**. No, **I'm not**. **I'm** Julio.

Practice A

Use **am** or **are** to fill in the blanks.

1. I am happy.
2. You _____ sad.
3. I _____ tired.
4. You _____ not six years old.

