

Part 6

Questions 27–32

For each question, write the correct answer.
Write **one** word for each gap.

What's in a smile?

Last week I went to an interesting lecture about smiling. We all love to see other people smile but it's supposed to be really good for us too. For example, **[27]** you know smiling can make us appear better looking and even younger? It can also make us feel happier. **[28]** is because various **chemicals** are delivered directly to the brain when we smile. They told us about some research that showed smiling just once can **stimulate** the brain by the same amount **[29]** 2,000 bars of chocolate!

They explained that these results **[30]** supported by our knowledge of how we avoid dangerous situations. Negative thinking, **[31]** is often thought of as something we should avoid, helps us avoid dangers and defend ourselves. Smiling has **[32]** opposite effect and can help our thoughts be more positive.