Word Formation Table:

noun	verb	adjective	adverb
definition	define	defined	definitely
competition/compete	compete	competitor	competitively
assistance/assistant	assist	assistant	-
freedom	free	free	freely
follower	follow	following	-
concentration	concentrate	concentrated	-
depth	deepen	deep	deeply
supervision/supervisor	supervise	supervised	-
danger	endanger	dangerous	dangerously
-	-	proper	properly

Complete the sentences with the correct form of the words from the table.

1. My trainer always says if you're going to do something, you should always do it _____.
2. That man is a great yoga teacher, he's got thousands of _____ who listen to his every word.
3. You'll have to improve your level of _____ if you want to take up tennis.
4. Kids, do not do this at home! You should only do this sport under the _____ of an adult.
5. I believe free-diving is one of the most _____ sports in the world – I wouldn't try it.
6. I wish I'd been a(n) _____ in that race! I know I could have won!
7. What is your _____ of a great athlete? Mine is someone who excels at sport.
8. Is anyone mad enough to jump from a plane without the _____ of a parachute?
9. Who knows what strange creatures live in the _____ of the ocean!
10. Don't you love the sense of _____ you get when you're skiing?

LIVEWORKSHEETS