

## PRACTICE 1

Read the article about cyber addiction.

Choose the best words **(A, B, or C)** for each space.

# Cyber Addiction



The internet offers undeniable benefits in developing a teen's ability **(0)** \_\_\_\_\_ grow with modern technology, technical ideas, knowledge and other skills. However, **(1)** \_\_\_\_\_ the internet, particularly the social networking websites, unsafely put the teenagers at very high risk for many problems. When children spend more than enough or agreeable time online, they **(2)** \_\_\_\_\_ to be cyber addicts. As they spend more time on social networking, gaming, and other websites, particularly adult sites, they suffer **(3)** \_\_\_\_\_ cyber addiction.

Cyber addiction can be just as **(4)** \_\_\_\_\_ as addiction to drugs or drinking alcohol. Teenagers **(5)** \_\_\_\_\_ spend unhealthy amounts of time on the Internet or online can undergo a condition recognized as Internet Addiction Disorder (IAD). Those who have IAD conditions **(6)** \_\_\_\_\_ experience distress, withdrawal symptoms including obsessive thoughts, tremors, and other mental and physical problems. Cyber addiction impairs the quality of their lives.

Parents should talk to their children and agree on a list of rules that **(7)** \_\_\_\_\_ say when to use the internet, which sites they should visit and what safety measures they should follow. Teachers can also **(8)** \_\_\_\_\_ safe browsing of the web at schools and colleges for teenage students.

- |               |             |            |
|---------------|-------------|------------|
| 0. A for      | <b>B to</b> | C of       |
| 1. A used     | B uses      | C using    |
| 2. A tend     | B put in    | C lay off  |
| 3. A from     | B of        | C for      |
| 4. A harmful  | B salutary  | C pleasant |
| 5. A whose    | B who       | C what     |
| 6. A should   | B must      | C may      |
| 7. A gloomily | B darkly    | C clearly  |
| 8. A risk     | B dare      | C Ensure   |

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Sesión No. 4

