SELF-LEARNING ACTIVITY

ST. JOSEPH'S INSTITUTE, INC.
Candon City, Ilocos Sur

GRADE SCHOOL DEPARTMENT
S.Y. 2021-2022

MAPEH 4

MUSIC
A. Identify the notes and rests. Choose the correct letter of your answer.

1. quarter rest
   a.  b.  c.  d. 

2. eighth note
   a.  b.  c.  d 

3. half rest
   a.  b.  c.  d. 

4. quarter note
   a.  b.  c.  d. 

5. whole rest
   a.  b.  c.  d. 

SELF-LEARNING ACTIVITY

HEALTH

B. Direction: Connect the food labels to its correct illustration.

	A		B
1.			EXPIRATION DATE
2.			NAME OF FOOD
3.	This product is not suitable for pregnant women.		DIRECTIONS FOR USE AND STORAGE
4.	Do not shake. Store at temperatures not exceeding 300 C. Avoid exposure to		NUTRITION FACTS
5.			ADVISORY AND WARNING STATEMENTS