Unit 2: Health

Exercise 1: more or less?

1. Eat _____ fruits and vegetables.
2. Stay outdoor and do _____ exercises to be healthier.
3. Drink _____ alcohol or you will be weak.
4. Sleep _____ and don't go to bed too late.
5. Practice _____ and you will improve your skills.
6. Spend _____ time on smartphone and laptop or you will ruin your eyes.
7. Go out _____ and make some new friends, so you won't be lonely.
8. Drink _____ coffee. It's not good for your brain.
9. Read _____ books to broaden your knowledge.
10. Play _____ computer games and study _____.
11. Take _____ vitamin A to strengthen your immune system.
12. Put _____ wood into the campfire to keep warm.
13. Smoke _____ or you will have lung cancer.
14. Eat _____ raw food or you will have stomachache.
15. Spend _____ time on TV and pay _____ attention to your siblings.
16. Sunbathe _____ if you don't want to have skin cancer.
17. Take _____ photos of this beautiful mountainous area.
18. Wear _____ warm clothes or you'll be cold.
19. Put _____ more effort in your work to achieve best result.
20. Watch _____ documentaries about Nile River and write a report.

LIVEWORKSHEETS